A photograph of a school gymnasium equipment room. On the left, a white metal shelving unit is filled with various sports equipment, including colorful balls (yellow, blue, red, green, purple), a blue and green soccer ball, and several basketballs. Some basketballs have names like 'BICE' and 'M.S.P.' and the number '15' on them. In the background, there are wooden lockers and a rack of colorful jump ropes. In the foreground, there are more equipment, including a red mat and a clear plastic bin filled with colorful balls. A large, semi-transparent teal circle is centered over the image, containing the text 'PHYSICAL EDUCATION BREAKOUTS' in white, uppercase letters. Surrounding this central circle are several smaller, semi-transparent circles in various colors (yellow, white, red, orange, pink, white) containing icons: a puzzle piece, a lightbulb, and a thumbs-up gesture.

# PHYSICAL EDUCATION BREAKOUTS



# Welcome!



Kyla Laforest - Phys. Ed. Teacher (LBPSB)

Barry Hannah - Ed. Tech/P.E. Consultant (LBPSB)

Layla Barroca - Ed. Tech Consultant (LBPSB)







## Necessary student skills TODAY

- Collaboration
- Communication
- Critical Thinking
- Creativity
- Character
- Citizenship



## Whats is Breakout EDU?



Breakout EDU is the immersive learning games platform.

Breakout EDU games consist of a combination of physical and digital puzzle elements that must be solved in a set amount of time.

Players of all ages are challenged to open the locked Breakout EDU boxes using critical thinking, collaboration, communication, and creativity.



# 10 Reasons to Play BreakOutEdu

By @MariaGalanis

@sylvia duckworth

**2** It is adaptable to any subject area

MATH  
SOCIAL STUDIES  
LANGUAGE ARTS  
SCIENCE  
MUSIC  
Drama  
Visual Arts

**1** It's fun for everyone!



**3** It promotes collaboration and team-building



**10** It's inquiry-based learning at its best



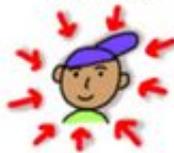
**4** It develops problem-solving & critical thinking skills



**5** It enhances communication skills



**9** It's student-centered



**8** Students learn to work under pressure



**7** It builds inference skills



**6** It challenges players to persevere





Welcome to Ninja Warrior High,

I am so honored to have you all here today, but as you know, only a select group of students will be accepted to Ninja Warrior High. Our students are the best of the best. You may have come here today prepared for a test of strength, but don't be fooled, our students are warriors of the body **and** mind.

It is important for you to know that our students are encouraged to work together, think collaboratively, challenge the status quo, and communicate their ideas at all times.

To earn a spot in NWH for the 2019-20 school year, you will need to do the following...

A ninja warrior course has been set up for you to complete. It is one of our more difficult courses, so beware...

You will need a "participants pass" in order for you and your team to gain access to the course.

Just one last thing...the "participant's pass" has been securely locked in a box. We anticipate that only those teams who demonstrate true ninja warrior skills will be able to use the clues to unlock the pass.

Good luck,

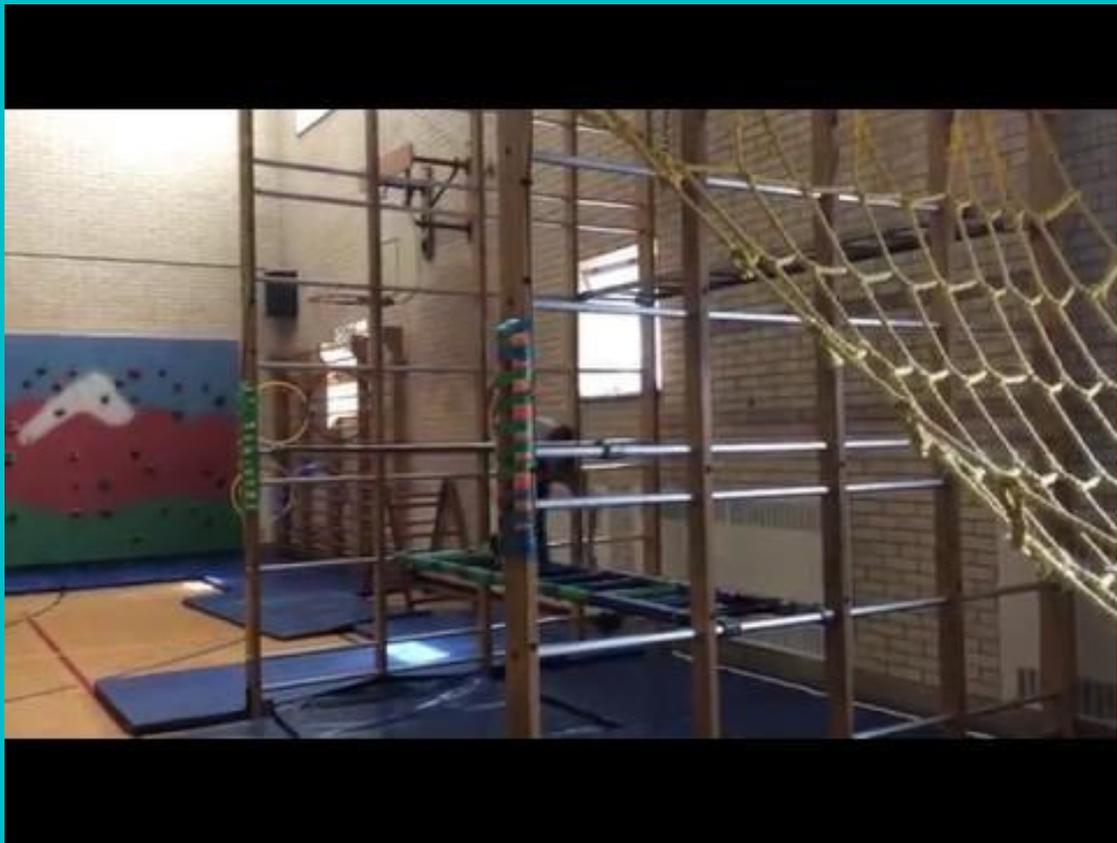
School Principal

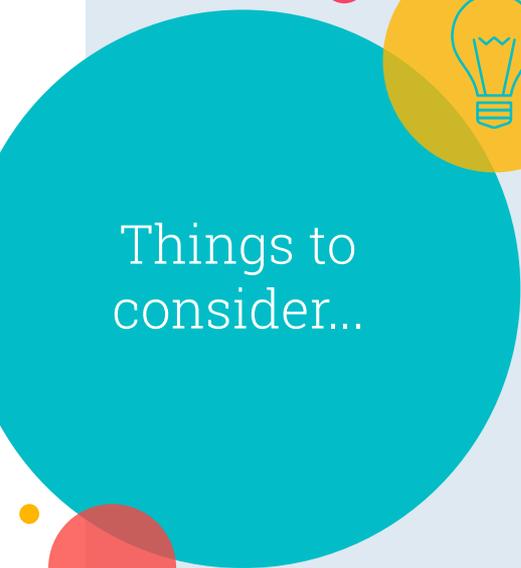


34:08.00

 Breakout EDU







## Things to consider...

- How to incorporate some form of PA into all clues
  - How to maintain PA after the teams have “broken out”
  - Can be used as a culminating activity at the end of a unit
  - How to summarize the activity in a meaningful way
- 

# No budget for EDU Kits? **No Problem.**





**Better yet...**





Best of all...



Give it a Try!



Challenge your students to something new:

- [Ninja Warrior High](#)
- [Superhero Training](#)
- [Field Day Funnanigans](#)

Also, check out [Breakout EDU](#) for more inspiration and tutorials.



A white line-art icon of a lit lightbulb is centered within a large red circle in the top-left corner of the slide. Other smaller circles in teal, orange, and pink are scattered around it.

# Thanks!

## Any questions?

You can contact me at [@klaforest02@lbpearson.ca](mailto:@klaforest02@lbpearson.ca)

